



Asia  
Triathlon  
Cup

Putrajaya  
Malaysia

25th Feb  
2024

Be your  
extraordinary







Asia  
Triathlon

# 2024 ASIA TRIATHLON CUP PUTRAJAYA

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25TH FEBRUARY 2024

[www.eventureglobal.com](http://www.eventureglobal.com)





# GENERAL INFORMATION

Event Title : 113 SERIES PUTRAJAYA 2024

Date : Sunday, 25th February 2024

Time. : 7.00am – 12.00pm

Venue : Kompleks Sukan Air Putrajaya, Presint 6

Event Organizer : Eventure Global

Race Director : Andy Foo

Hotline Number : +60123919211 ( Whatsapp Only )

E-mail : info@113triathlon.com

Registration Portal : [www.113triathlon.com](http://www.113triathlon.com)

# RACE CATEGORIES

## 113 AQUATHLON

### SUPER SPRINT

300m swim / 2.5km run

### SPRINT

750m swim / 5km run

### KiTS Aquathlon\*

50m swim / 500m run

## 113 TRIATHLON

### SUPER SPRINT

300m swim / 10km bike / 2.5km run

### SPRINT

750m swim / 20km. bike / 5km run

# AGE GROUP

|              |              |            |            |           |           |
|--------------|--------------|------------|------------|-----------|-----------|
| AQUATHLON    | AQUATHLON    | AQUATHLON  | AQUATHLON  | AQUATHLON | AQUATHLON |
| SUPER SPRINT | SUPER SPRINT | SPRINT     | SPRINT     | KITS      | KITS      |
| MALE         | FEMALE       | MALE       | FEMALE     | MALE      | FEMALE    |
| 10-12        | 10-12        | 16-29      | 16-34      | U7        | U7        |
| 13-15        | 13-15        | 30-39      | 35-49      | 8-9       | 8-9       |
| 16-39        | 16-39        | 40-49      | 50 & ABOVE | 10-11     | 10-11     |
| 40 & ABOVE   | 40 & ABOVE   | 50 & ABOVE |            |           |           |
|              |              |            |            |           |           |
| TRIATHLON    | TRIATHLON    | TRIATHLON  | TRIATHLON  |           |           |
| SUPER SPRINT | SUPER SPRINT | SPRINT     | SPRINT     |           |           |
| MALE         | FEMALE       | MALE       | FEMALE     |           |           |
| 10-12        | 10-12        | 16-29      | 16-34      |           |           |
| 13-15        | 13-15        | 30-39      | 35-49      |           |           |
| 16-39        | 16-39        | 40-49      | 50 & ABOVE |           |           |
| 40 & ABOVE   | 40 & ABOVE   | 50 & ABOVE |            |           |           |

# SWIM COURSE





# BIKE COURSE



SPRINT = 2 LOOPS  
SUPER SPRINT = 1 LOOP



# RUN COURSE



SPRINT = 2 LOOPS  
SUPER SPRINT = 1 LOOP  
KITS = 1 LOOP

RUN COURSE  
TRIATHLON / AQUATHLON  
KITS - SUPER SPRINT - SPRINT



# SCHEDULE

|               |  |
|---------------|--|
| 06.00 - 07.00 | Athlete lounge open for check-in for Elite Men & Elite Women |
| 06.15 - 07.30 | Transition open for check-in for TRIATHLON                   |
| 07.10 - 07.30 | Swim warm-up for Elite Men                                   |
| 07.30         | Athlete Introduction for Elite Men                           |
| 07.40         | Elite Men Start  |
| 08.10 - 08.30 | Swim course open for warm up for Elite Women                 |
| 08.30         | Athlete Introduction for Elite Women                         |
| 08.40         | Elite Women Race Start                                       |
| 09.40         | Age Group Sprint Triathlon Race Starts                       |
| 10.00         | Age Group Super Sprint Triathlon Race Starts                 |
| 10.00         | Elite Awards Ceremony  |
| 10.15 - 11.00 | Transition open for check-in for AQUATHLON                   |
| 11.15         | Age Group KiTS Aquathlon Race Starts                         |
| 11.20         | Age Group Sprint Aquathlon Race Starts                       |
| 11.40         | Age Group Super Sprint Aquathlon Race Starts                 |
| 12.45 - 13.00 | Age Group Awards Ceremony                                    |
| 13.00         | Event officially End   |



# TERMS & CONDITIONS

- The Organisers reserve the right to amend the Rules and Regulations without prior notification.
- Participants should be aware that they are joining this event at their own risk and the Organisers shall not be liable for any bodily injuries, loss and/or damage to property: the Organisers will ensure precautionary measures will be taken to prevent any unwanted incident(s) to the best of their ability.
- The Organisers reserve the right to use any photographs, motion picture, recordings, or any other record of this race and its participants for any commercial advertising including other commercial legitimate purposes.
- The Organisers reserve the right to amend the race course without prior notice to participants.
- Should the inclement weather persist after delay, the Organisers reserve the right to change the race distance, race format or cancel the race without any refund of registration fees.
- The Organisers reserve the right to remove any participant deemed physically incapable of continuing the race.
- The Organisers reserve the right to prevent any participant from starting and/or continuing in the race if the Organisers deem the conduct of the participant impacts another participant's safety.
- MTA (WT) Rules apply for all ELITE participants



# RACE ENTRY

- A RM300 payment applies for any loss or damage to the Timing Chip or Band.
- The Organisers reserve the right to limit and/or refuse entries without assigning any reason thereof.
- Participants will be eligible for a full refund within 24hours after payment is made, provided a reasonable excuse is given. After 24hours, the Organizers reserve the right to reject any request for refunds.
- Once the registration form has been duly processed, there will be no fee refund for those who fail to turn up for the race and/or withdraw from it.
- Individual race entries are non-transferable. Any person doing so will be held responsible in case of an accident arising from or provoked by the other person during the race. The Organisers reserve the right to exclude both parties from future events.
- The Organisers will not be responsible for any disputes arising from incomplete/wrong entry details given by the participants.
- The race registration will only be confirmed when full payment of the race registration fee has been made.
- Entries after the registration closing date will not be entertained.



# RACE ENTRY

- The participant must ensure the provided race details are correct upon receipt of the Race Confirmation email and report any discrepancies within 48 hours of submission of the entry form to the Organisers. Any changes thereafter are subjected to an admin charge.
- Upgrade of a race entry is permitted until the registration closing date.
- Downgrade of race entry is permitted until registration closing date. There will be no refund of the fee difference.
- All participants must collect their Race Kit. Participants who fail to do so will not be allowed to race on Race Day.
- Participants must return the Timing Chip & Band to the Organisers immediately after the race.
- Participants must ensure that their Timing Band is securely strapped to the left ankle before beginning on any leg of the race. The Organisers are not responsible for any inaccuracy in participant's race timings due to improper wearing of the Timing Band.
- Participants must read the Race Briefing prior to the race to familiarise themselves with the venue, course and rules of the Event. The Race Briefing will be available on the event website 10 days prior to the race.
- Participants who wish to protest against another competitor or notify a violation must do so in writing to the Organisers within 30 minutes of his/her finish time. A deposit of RM150 must accompany the appropriate protest and will be refunded if the protest is successful.
- MTA (WT) Rules apply for all ELITE participants



# TRANSITION AREA

- Only participants with valid bibs / timing chips are permitted into this area
- No person/s (unless participants) are permitted entry into Transition Area during Race duration
- Participants who wishes to collect their belonging may do so after the Race is over, unless permission is granted by the Organizer
- Participants are encouraged not to keep their personal belongings/valuables in this area; please use the baggage deposit counter (if available)
- Although the Organizer will take all the necessary precautions and safety measure to ensure participants enjoy a smooth transition, all participants are to ensure they put their equipments (and transition equipment) within your designated area only.
- MTA (WT) Rules apply for all ELITE participants



# SWIMMING

- Swimsuits must be worn.
- All swimmers must wear the swim caps provided by the Organisers.
- Fins, paddles, pool buoys, snorkels or any other swimming aids are not allowed. For safety reasons, swim buoys are MANDATORY. ( For Elite Category , please refer to Malaysia Triathlon Association ).
- Wet suits are not allowed.
- Support crews are not allowed.
- No persons other than the participants and officials are permitted in the swimming area.
- Swimmers in difficulty shall signal to the escorting boats/canoes for assistance. Once assistance is rendered the competitor is disqualified from the competition.
- Will be closed 40 minutes after the start of the race. Participants that do not finish the swim within this time will not be allowed to continue the race.
- Warming-up for the swim must be conducted within the designated area.

MTA (WT) Rules apply for all ELITE participants



# CYCLING

- Cyclists must ensure that their race bib are clearly visible on their adorned apparel at all times.
- Cycling with bare torso is not allowed.
- Cyclists are to ride in single file on the left side of the road except when passing another cyclist and are reminded to observe traffic rules at all times. Cars will always have the right of way.
- Cyclists will be required to perform their own repairs should it be necessary.
- Support vehicles and crews are not allowed.
- Cyclists must wear their helmets from the time they remove their bicycle from the rack at transition area
- The helmet must stay on the cyclist's head until he/she has placed his/her bicycle at the allocated spot on the bicycle rack at transition area.
- It is the cyclist's responsibility to ensure that their bicycles are in good working condition.
- Wearing headphones is not allowed at all times. Communication or entertainment devices of any type are strictly prohibited during the race.
- TT Bikes, Road Bikes, Mountain Bikes & Foldable bikes are permitted during event.
- Aero handle-bars are allowed.
- MTA (WT) Rules apply for all ELITE participants.

# RUNNING

- Runners must wear their race bib at the front of their attire or apparel at all times during the run.
- Running with bare torso is not allowed.
- Support vehicles or pacers are not allowed.
- Runners must run on the designated path for the entire route. Failure to do so may result in disqualification.
- Wearing headphones is not allowed at all times.
- MTA (WT) Rules apply for all ELITE participants



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